

HEALTHCARE'S DYSFUNCTIONAL PRICING:

BE AFRAID. BE VERY AFRAID.

DAVID W. JOHNSON

LOWER BACK MRI



Source: Health Care Cost Institue (Guroo.com)

The Health Care Cost Institute (HCCI) released its annual <u>report</u> of healthcare prices last month. To no-one's surprise, HCCI found huge variation in commercial prices for 240 common medical services across 41 states. Here's an excerpt from HCCI's press release:

In New Hampshire and Wisconsin, over 20 percent of health care services are twice the national average price. While in Arizona, Florida, Maryland and Tennessee, over 90 percent of health care services are priced lower than the national average.

There is no systematic pattern to healthcare prices. There's wide pricing variation for the same procedures within states as well as between states. Knee replacement surgeries average \$57,504 in Sacramento and \$30, 261 in Riverside. Arizona's prices are 18% below national averages. Next door in New Mexico, prices are 25% above national averages.

Imaging, radiology and lab tests experience the greatest pricing variation. Commenting on HCCI's findings, National Public Radio reporter Alison Kodjak described healthcare prices as "crazy."

RIGHT CARE, RIGHT TIME, RIGHT PRICE.

The procedures included in the HCCI report are routine. They occur with great frequency and high certainty of positive outcomes.

The chart below categorizes care by its duration and uncertainty. Episodic, low-risk procedures fall into lower left quadrant, commodity care. These procedures are at the greatest risk for standardization and transparent pricing.



Each quadrant requires a different business model to compete in post-reform healthcare. One size will not fit all. Business models for all types of care (commodity, specialty, complex and non-acute) must operate efficiently to win business and maintain market share.

Organizations that deliver superior specialty and complex care will enjoy premium pricing. Customers with high outcome uncertainty will seek care at prestigious tertiary care centers with established expertise, top performance ratings and sterling reputations. Achieving a successful outcome will be their principle selection criterion. Price will be secondary.

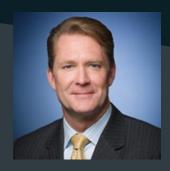
Unfortunately, most care delivery is migrating downward into the commodity and chronic care quadrants. There is more competition and pricing is (or will be) "less elastic."

Once upon a time, knee replacement surgery was high-end specialty care. Few institutions had the expertise, experience and protocols necessary to perform this complicated procedure. Outcomes were less certain. Customers paid premium prices.

Today, knee replacement surgeries are performed in high volumes routinely at hospitals and ambulatory centers throughout the country. There's abundant comparative data on outcomes, prices and customer experience.

As a consequence, knee replacement surgeries have become routine. This is the underlying reason Medicare is implementing "bundled" pricing with 90-day warranties for these procedures. Prices initially will coalesce at Medicare's fixed price and then move lower as higher-performing centers achieve the best outcomes with greater efficiency, higher quality and lower costs.

Irrespective of industry, consumer perceptions of quality shift from outcomes to convenience, price and customer experience as products and services commoditize. Health companies that understand their providing commodity care will transform their operations to a better customer experience at lower prices.



THE TOXICITY OF HOSPITAL-BASED AMBULATORY PRICING

At Becker's 7th Annual Hospital Review Meeting last month, MemorialCare CEO Barry Arbuckle discussed the economics of hospital-based pricing for ambulatory services,

After hospitals acquire physician practices, the same procedure by the same doctor in the same facility costs twice as much for Medicare patients. It costs three-to-five times more for commercially-insured patients.

Arbuckle believes the optics of these distorted prices are terrible for health systems. Accordingly, MemorialCare does not apply hospital-based pricing when it aligns with physician practices. Arbuckle continued, "Despite taking a short-term financial hit, we're operating these facilities at market rates." Arbuckle believes this strategy is in both the community's and MemorialCare's long-term interests. He's right. Health companies that exploit reimbursement provisions to optimize revenue collection become vulnerable to disintermediation from third-party vendors. The greater the gap between reimbursed prices and market prices, the greater the vulnerability.

In healthcare economics, reimbursement payments for routine services are flexible and costs are less important. Margin represents the differential. Application of sophisticated revenue cycle systems turbocharges operating performance.

In normal markets, prices for commodity products are inelastic and companies must achieve low operating costs to remain competitive. Achieving profitability and organizational sustainability are dependent upon efficient cost management. Well-run companies create value for customers. That is their not-so-secret formula for success.



The reality of impending price competition for routine procedures has not yet materialized within the corridors of the nation's health systems. It's still a fee-for-service world and the Job 1 is optimizing revenue for procedures performed.

Health systems employ legions of analysts to staff highperforming revenue cycle departments. They measure success one claim at a time.

Health systems employ other analysts to build algorithms to predict potential high-cost users of care services. Under risk-based payment models, these patients can generate operating loses if their care is not managed effectively.

Predictive analytics is important work. Analysts comb through claims data, electronic medical records, census data, poverty data, household data and unstructured data (e.g. physician notes) searching for correlation and meaning.

By contrast, health systems expend almost no effort trying to understand their pricing competitiveness. High-quality data streams like <u>Guroo</u> that provide accurate commercial pricing data are even on their radar screen. It's almost as if they don't want to know the answer.

One health system analyst recently asked me, "Why would we need that data?" My response was, "To discover which health companies might put you out of business in five years."

Imagine if health systems redirected their super-smart analysts to discover methods for providing better healthcare services at lower costs.



BE AFRAID. BE VERY AFRAID.

Hospital prices for routine care will not remain "crazy" indefinitely and most healthcare is routine. As Barry Arbuckle observes, healthcare prices are normalizing. They're moving toward market-based levels. This is as it should be. American consumers deserve great healthcare services at true market prices.

Health company executives should be losing sleep developing strategies to improve competitiveness in tangible ways. Instead there's too much complacency. Most health systems are still following the old fee-for-service playbook.

The good times won't last forever. American consumers are valueseeking machines and they're beginning to turn their attention to healthcare. It's inconceivable that Americans will continue accepting such wide pricing variation for routine care. Customers will flock to high-quality, lower-priced providers.

Fighting price normalization is like fighting gravity. Market forces will win. Health companies that cannot deliver value-based care should be very afraid. Over time, they will lose relevance and disappear.

Health companies that deliver better, more convenient healthcare services at lower prices will grow and prosper. They will win marketshare and build customer loyalty by delivering value-based care, not by exploiting arcane reimbursement formularies.

Outcomes Matter, Customers Count, Value Rules!



DAVID JOHNSON

David Johnson is the CEO of 4sight Health, a boutique healthcare advisory firm. Dave wakes up every morning trying to fix America's broken healthcare system. He is a frequent writer and speaker on market-driven healthcare reform. His expertise encompasses health policy, academic medicine, economics, statistics, behavioral finance, disruptive innovation, organizational change and complexity theory. Dave's forthcoming book, Market vs. Medicine: America's Epic Fight for Better, Affordable Healthcare, will publishes shortly.